7 Day Dog Food Meal Plan

MONDAY:

- **Boiled chicken breast with brown rice and steamed vegetables (such as peas, carrots, and green beans)**

TUESDAY:

- **Baked sweet potato with boiled beef and steamed vegetables**

WEDNESDAY:

- **Scrambled eggs with cooked spinach and diced tomatoes**

THURSDAY:

- **Whole wheat pasta with boiled turkey and steamed vegetables**

FRIDAY:

- **Banana and peanut butter smoothie (using unsalted peanut butter)**

SATURDAY:

- **Brown rice and quinoa pilaf with boiled lamb and steamed vegetables**

SUNDAY:

- **Grilled salmon with boiled brown rice and steamed vegetables**